



# 2023-2024 Mental Health and Addictions Action Plan

## Student engagement, leadership, and agency

- Student Mental Health Champion Guide
- Student Mental Health Champions networking opportunities
- Students to inform Mental Health Action Plan



## Mental health promotion and literacy

- Grade 7 & 8 mental health literacy lessons
- School Mental Health Ontario resources
- Implementation of PreVenture in Grade 8



## Identity-affirming mental health supports

- OUTspoken: A Queer 101 presentations and support
- Training for School-Based Clinicians through SMH-ON
- Practices from the Life Promotion Toolkit by Indigenous Youth

